



June 2023

PRIME TIME

940 London Avenue, Suite 1800

Marysville, OH

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<https://www.unioncountyohio.gov/senior-services-home>



**WORLD ELDER ABUSE
AWARENESS DAY**
Building Strong Support for Elders

June 15, 2023

What Is Elder Abuse?

Elder abuse refers to intentional or negligent acts by a caregiver or trusted individual that causes harm to an older person. Elder abuse takes many forms, including: • Neglect or Isolation • Physical abuse • Sexual abuse • Financial abuse and exploitation • Emotional or psychological abuse (including verbal abuse and threats)

What Causes Elder Abuse?

Elder abuse affects older people across all socioeconomic groups, cultures, and races and can occur anywhere when they are disconnected from social supports:

- In a person's own home
- In nursing homes, assisted living facilities, and other institutional settings
- In hospitals

While any older person is potentially at risk of elder abuse, some are more susceptible to experience abuse or neglect than others. Based on available information, women and people 80 and older are more likely to experience abuse. Factors such as dementia or poor physical health can increase older people's isolation, which in turn puts people at greater risk of experiencing abuse or neglect.

SOME COMMON RISK FACTORS:

- Dementia
- Mental health or substance abuse issues of an older person and/or a perpetrator
- Social isolation
- Poor physical health

Many people who experience elder abuse are reluctant to report abuse because they may: • Feel ashamed and embarrassed, particularly if a family member is the perpetrator • Be afraid that the perpetrator will get in trouble • Worry that they will be forced to live in a nursing home—and this sometimes happens • Feel guilty or somehow to blame • Be in denial that the abuse is occurring, or unaware that what they are experiencing is abuse or neglect • Be afraid that if they report, the abuse will get worse

How Can We Prevent and Address the Problem?

BUILD PUBLIC AWARENESS:

- Talk about the issue to increase the identification and reporting of abuse by the public, professionals, and older people who experience abuse • Provide older people who experience abuse with a safe environment to speak out and tell their stories • Begin long-term prevention by raising awareness of solutions among students and young people

BE A "SENTINEL"

- Keep in contact and talk with your older friends, neighbors, and relatives frequently • Be aware and alert for the possibility of abuse • Look around and take note of what may be happening with your older neighbors and acquaintances • Ask questions and listen

Adult Protective Services

Do you have concerns that a senior, 60 or over, is being maltreated? Examples include physical harm/injury, neglect, self-neglect, financial exploitation, verbal/emotional abuse, sexual abuse. Contact the Abuse Hotline at 937-644-1010 Option 1

2023 Senior Farmers Market Nutrition Program

June 23rd, 11:00am –1:00pm

940 London Ave Marysville, OH 43040, Conference Room A/B

For the 2023 season, eligible participants have their choice from three different options:

\$50 produce box: If you select this option, you will receive a one-time box of in-season, locally grown fruits, vegetables, and honey. Items may include onions, corn, tomatoes, carrots, peppers, peaches, and honey.

\$25 in coupons and \$25 produce box: If you select this option, you will receive \$25 in SFMNP coupons that you can use at area community farmers market and roadside stands until November 30, 2023, as well as a \$25 produce box of in-season, locally grown fruits, vegetables, and honey.

\$50 in coupons: If you select this option, you will receive \$50 in SFMNP coupons that you can use at area community farmers market and roadside stands until November 30, 2023.

ELECTRONIC- Electronic applications must be received by **June 9, 2023** in order to be guaranteed you will receive your 2023 SFMNP benefit at your county's distribution event.

OR

MAIL- Hard copy applications must be received at LifeCare Alliance by **June 9, 2023** in order to be guaranteed you will receive your 2023 SFMNP benefit at your county's distribution event. Completed hard copy applications should be mailed to LifeCare Alliance, Attention: **SFMNP, 670 Harmon Ave., Columbus, OH 43223.**

HOW TO RECEIVE YOUR 2023 SFMNP BENEFITS:

Applicants are expected to be physically present to pick up their SFMNP coupons and/or produce box on June 23rd between 11:00am to 1:00pm.

If you are unable to be physically present on June 23rd, you are permitted to have a trusted representative pick up your selection for you as a proxy. A person is permitted to pick up for themselves, as well as to serve as proxy for a maximum of **two** other applicants. If you use a proxy, LifeCare Alliance must have your completed application on file with the proxy listed.

For further questions, contact Union County Senior Services 937-644-1010 option 5.

MyHello Line

Stay socially engaged and emotionally healthy with MyHello Line. Each week a trained staff member from LifeBio will call you to find out how you are doing and share in conversation. Calls typically last 15-20 minutes. There is no cost to you and your number will not be shared with others.

To find out more or sign up, call Union County Senior Services at 937.644.1010 ext. 5

No Pun Intended

- * A thief who stole a calendar got twelve months.
- * A bicycle can't stand alone; it's just two tired.
- * Did you hear about the crossed-eyed teacher who lost her job because she couldn't control her pupils?
- * When you get a bladder infection, urine trouble.
- * Police were summoned to a day care center where a three-year-old was resisting a rest.



Calendar Corner

- 👏 **June 15th, All Day:** World Elder Abuse Awareness Day—Wear **purple** to show support, take a picture and post it on our Facebook page, Union County Senior Services, to help raise awareness.
- 👏 **June 23rd, 11am –1pm:** **Senior Farmers Market** at Union County Services Building, 940 London Ave, Marysville, Oh 43040 Conference room A/B
- 👏 **July 26th:** Union County Fair, Senior Day. More information to come.

PRIME TIME

is published monthly and mailed to Union County seniors and community members. If you would like to be added to the mailing list please contact Union County Senior Services at 937-644-1010 **Option 5**. If you would like to receive an electronic copy via email contact janell.alexander@jfs.ohio.gov.